

“Myelination” occurs in the human brain when intensive practice directed at complex skill acquisition produces “a mixture of proteins and phospholipids forming a whitish insulating sheath around many nerve fibers, increasing the speed at which impulses are conducted.” Cognitive scientists and neurologists believe that the process of myelination supports the organization and access to complex neurological networks that makes possible the high levels of critical, creative and abstract thinking in any domain such as music or mathematics.

*Phone Number Myelination Music* relies on a musician’s internalized understanding of melodic or rhythmic patterns to interpret number patterns that have been of utmost importance to their personal and musical life. In particular, the composition requires all highly skilled performers to perform and invent performance variants of highly-myelinated and emotionally-charged phone number sequences associated with close relationships, or times of great stress, celebration, or moments of poignance.

As you listen to *Phone Number Myelination Music* you might notice recurring numbers that are familiar to you such as area codes from across the nation or exchange numbers within area codes. You might also sense how these number sequences remind you of other bits and pieces of familiar themes. As you follow the complex and expanding patterns of musically suggestive telephone numbers, please enjoy the impression of an auditory ecosystem that grows out of our shared history of human telecommunications and how personal and aesthetic forms of communication tied to numbers heightens our awareness of the human condition.